

# The Anglican Parish of Holy Cross

*Growing relationships in Christ*

## Service of Morning Prayer

August 30, 2026 at 10:00 AM

14<sup>th</sup> Sunday after Pentecost

*Book of Common Prayer* (Small Red Book)

Officiating: The Rev. Deacon Carol Tubman

**Welcome!** We thank you for choosing to worship with us today. To learn more about our community, please fill out the card in the pew and/or speak to the clergy.

**All baptized Christians are welcome to receive communion.** If you prefer not to receive communion, you are encouraged to come forward to receive a blessing. If you are gluten intolerant, you may request a rice wafer instead of a wheat wafer from the priest administering the bread.



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As the parish of Holy Cross, we acknowledge that we gather  
on the traditional territories of the Treaty 7 peoples.

## **We Gather Together**

Prelude: Tárrega Medley.....Chris Brown

Announcements and Welcome

### **Processional Hymn 1 “Holy, Holy, Holy, Lord God Almighty”**

Opening Sentence ..... page 3

Exhortation ..... page 4

**General Confession ..... page 4**

Absolution..... page 4

**The Lord’s Prayer ..... page 5**

**Versicles and Responses..... page 6**

**Venite..... page 6**

Children’s Teaching

## **We Hear and Proclaim God’s Word**

**Psalms 105:1-6, 23-26, 45 (BCP, page 464) ..... Gloria**

First Lesson: Exodus 3:1-15 (Bible, OT, page 55).....Shane

**Te Deum Laudamus ..... page 7**

Second Lesson: Romans 12:9-21 (Bible, NT, page 168).....Doris K

**Benedictus..... page 9**

### **Gradual Hymn 455 “Dear God, Compassionate and Kind”**

**Gospel Response: “Glory and Praise to You” ..... sung response 716**

The Gospel: Matthew 16:21-28 (Bible, NT, page 18) .....The Rev. Deacon Carol Tubman

**Gospel Response: “Praise to you, O Lord” ..... sung response 717**

Sermon .....The Rev. Deacon Carol Tubman

**The Apostles’ Creed ..... page 10**

## **We Pray for the Church and World**

### **Offertory 435 “Take My Life, and Let It Be”**

The Intercession (*please kneel if you are able*) .....Mryka

- The Anglican Communion: The Church in the Province of the West Indies
- The Anglican Church of Canada: The Most Rev. Shane Parker, Primate; The Diocese of Niagara: The Rt. Rev. Dr. Susan Bell, Bishop
- The Diocese of Calgary: The Most Rev. Gregory Kerr-Wilson, Archbishop of Calgary and Metropolitan of Northern Lights; Church of the Ascension, Coaldale: The Rev. Canon Erin Phillips, The Rev. Michael Ebsworth. Bishop, Archdeacons and Regional Deans (BARDs)

- Our Companion Diocese of the Windward Islands: The Rt. Rev. Leopold Friday, Bishop; St. Matthew, Biabou with St. Sylvan, Stubbs and St. Mark, Greggs, on St. Vincent: The Ven. Junior Ballantyne. Diocesan Council
- Our Parish: IT support person Mike Bauer
- Our Members: Mryka; David and Cheryl H; Greg, Kajsa, Robert, Al, Joseph, and John H; Blair, Cheryl, William, Cathryn, Sara, and Megan H
- The World: Angola; all people and countries affected by natural disaster or terrorist attacks; for peace and reconciliation
- Those in Need in Our Parish: Bev Klippenstein, Malthouse family, Cheryl Hansen, John Gishler, Alix Milton, Geraldine Cooke, Joyce Lee, Mary Mason-Leskowitz, Doris Gourley, Linda Nkemdirim, Kajsa Hansen, Art and Isobel Price, Joyce Holden, Lucille Gishler, Onna Nicolay, Beverly McDonald, Brenda Hanna, Charlene Stevenson, Doris Kashmanian, Greg Hansen
- Those in Need Beyond Our Parish: David S, Vikas and family, Kelly, Jennifer, Rob, Joyann, Sean, Wendy H, Lesia, Mitch, Susan, Karen, Bruce, Tony, Christina, Gwyneth, Sam, Beatriz, Kevin
- Music Director Selection Committee: The Rev. Deacon Carol Tubman, Dan Sommerville, Julie Johnston, Kathy McNair
- For Answered Prayers: with thanks from Jim and Carol Tubman

Concluding prayers. .... page 10ff

**The Lord’s Prayer ..... page 11**

**Collect of the Day: Author and Giver of all good things, graft in our hearts the love of your name, increase in us true religion, nourish us in all goodness, and of your great mercy keep us in the same; through Jesus Christ our Lord, who lives and reigns with you and the Holy Spirit, one God, now and for ever. Amen**

Collects for Peace and Grace.....page 11

Prayer of St. Chrysostom..... page 15

The Grace.....page 15

**“Amen” ..... sung response 737**

**We Go into the World**

**Recessional Hymn 362 “Tell Out, My Soul”**

Dismissal

Postlude: “Immortal, Invisible, God Only Wise” - trad. Welsh/ arr. Sommerville



The altar flowers have been dedicated to the Glory of Almighty God  
in loving memory of Elizabeth (Betty) Macleod from her family.

Thank you to the **Rev. Deacon Carol Tubman** for officiating at today's services, as well as the services on August 2<sup>nd</sup> and 9<sup>th</sup>; while Rev. Simba has been on vacation; he returns in September. In his absence, please contact Deacon Carol in the event of a pastoral emergency: [ctubman@shaw.ca](mailto:ctubman@shaw.ca)

September 13 is **Welcome Back Sunday!** It is also Holy Cross Day which we will celebrate with one combined service at 9:30 AM followed by a barbeque lunch. Sunday school will also resume that day, so please make note of the special start time.

**Ultreya!** The September Cursillo Ultreya meeting will be held on September 11 at St. Barnabas, Calgary. Gathering begins at 7:00 PM; programme starts at 7:30. All are welcome!

**Message from the Synod Office:** In preparation for our Diocesan Synod, taking place October 23 and 24, the Synod Steering Committee has chosen a theme of "Living in Hope." We wish to show a video presentation on this theme during our time together over the two days. We need your help. We would love to have your submissions of photos or videos on how your Parish is Living in Hope. How does your Parish offer the Hope of Christ in its ministry, its worship, its mission? Please send in your submissions to the Diocese office by September 30. Email [ctubman@calgary.anglican.ca](mailto:ctubman@calgary.anglican.ca).

The **Quilters and Crafters group** will resume on Monday, September 14 from 1:00 PM to 3:30 PM in the Nickle room. New members are welcome, even if just for a visit.

**Book Club:** The Book Club meets on the 3rd Thursday of each month at 7:00 PM. For more information, contact Glynis at 403-926-6583, Wendy at 403-282-7700 or Kathy at 587-227-5464. The next session is September 17 when "The Forgotten Garden" will be discussed.

**ACW** will resume on September 20 following coffee hour after the 10:00 AM service. All women are welcome.

On Wednesdays, join us for **Holy Communion** at 9:30 AM or **Evening Prayer** at 6:30 PM. For more information about Evening Prayer, please contact The Rev. Deacon Carol Tubman at [ctubman@shaw.ca](mailto:ctubman@shaw.ca) or call 403-630-9104.

### **Next Week's Readings – September 6<sup>th</sup> – 15<sup>th</sup> Sunday after Pentecost**

Exodus 12:1-14; Psalm 149; Romans 13:8-14; Matthew 18:15-20

### **Assisting Today**

Dan (Organist); Chris (Guitarist); Gloria (Worship Assistant); Shane, Doris K (Readers); Mryka (Intercessor); Jim T (Videographer); David and Linda P (Sidespersons); Shane, Ella, Allie, Melanie (Coffee Hosts); Lynne, Barbara (Altar Guild); CCLI Licence No. 11533778