

# The Anglican Parish of Holy Cross

*Growing relationships in Christ*

## Service of Holy Communion

May 17, 2026 at 8:30 AM

Ascension Sunday

*Book of Common Prayer* (Small Red Book)

Presiding: The Rev. Simba Mutandwa

**Welcome!** We thank you for choosing to worship with us today. To learn more about our community, please fill out the card in the pew and/or speak to the clergy.

**All baptized Christians are welcome to receive communion.** If you prefer not to receive communion, you are encouraged to come forward to receive a blessing. If you are gluten intolerant, you may request a rice wafer instead of a wheat wafer from the priest administering the bread.



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As the parish of Holy Cross, we acknowledge that we gather  
on the traditional territories of the Treaty 7 peoples.

## **We Gather Together**

The Lord's Prayer..... page 67  
Collect for Purity..... page 67  
The Summary of the Law..... page 69  
**Kyrie Eleison..... page 70**

**Collect of the Day: Almighty God, your Son Jesus Christ ascended to the throne of heaven that he might rule over all things as Lord. Keep the Church in the unity of the Spirit and in the bond of his peace, and bring the whole of creation to worship at his feet, who is alive and reigns with you and the Holy Spirit, one God, now and for ever. Amen**

### **We Hear and Proclaim God's Word**

First Reading: Acts 1:1-11 (Bible, NT, page 122)..... Mryka  
**Psalm 93 (page 450)..... Mryka**  
Second Reading: Ephesians 1:15-23 (Bible, NT, page 204)..... Mryka  
**Gospel Responses ..... page 71**  
The Gospel: Luke 24:44-53 (Bible, NT, page 93)..... The Rev. Simba Mutandwa  
**Nicene Creed ..... page 71**  
Sermon ..... The Rev. Simba Mutandwa

### **We Pray for the Church and the World**

Offertory/Preparation of the Gifts

The Intercession (*please kneel if you are able*)..... page 75

- The Anglican Communion: The Episcopal Church in the Philippines
- The Anglican Church of Canada: The Most Rev. Shane Parker, Primate; The Diocese of the Arctic: The Rt. Rev. Alexander Pryor, Bishop; Suffragans: The Rt. Rev. Annie Ittoshat, The Rt. Rev. Ann Martha Keenainak, The Rt. Rev. Jared Osborn
- The Diocese of Calgary: The Most Rev. Gregory Kerr-Wilson, Archbishop of Calgary and Metropolitan of Northern Lights;
- Our Companion Diocese of the Windward Islands: The Rt. Rev. Leopold Friday, Bishop;
- Our Parish: Theological Education Trust and Trustee Mryka
- Our Members: James, Carol, and Arianne T; John and Donna U; Brian and Sheila W; Matthew, Christina, Aurora, Adelynne, and Everett W
- The World: Kenya; all people and countries affected by natural disaster or terrorist attacks; for peace and reconciliation
- Those in Need in Our Parish: Cheryl Hansen, Barrie Griffiths, Doug Spreeman, John Gishler, Alix Milton, Geraldine Cooke, Joyce Lee, Mary Mason-Leskowitz, Doris Gourley, Linda Nkemdirim, Kajsa Hansen, Art and Isobel Price, Marlene Stevenson, Joyce Holden, Lucille Gishler, Onna

Nicolay, Beverly McDonald, Brenda Hanna, Charlene Stevenson, Doris Kashmanian, Greg Hansen

- Those in Need Beyond Our Parish: Kelly, Denise, Jennifer, Rob, Joyann, Sean, Wendy H, Lesia, Mitch, Susan, Karen, Dana, Bruce, Tony, Deb, Christina, Gwyneth, Sam, Alan, Beatriz, Kevin
- Deceased: Barrie Griffiths, Elizabeth McLeod

Invitation to Confession..... page 76

Confession of Sin, and Absolution ..... page 77

**We Celebrate the Lord's Supper**

Comfortable Words..... page 77

Thanksgiving and Consecration.....page 78ff

**Prayer of Humble Access ..... page 83**

Receiving Communion or a Blessing

**We Go into the World**

**Lord's Prayer**, Prayer after Communion .....page 85ff

Blessing and Dismissal



The altar flowers are in recognition of the Glory of Almighty God.

Blackbird Singing: A Candlelight Concert on Friday, May 22 at 7:00 PM at Holy Cross. With music of the Beatles, Coldplay, and more. Tickets \$25 each. Call 403-289-8497 or 587-227-5464 for tickets.

Do you speak another language? Would you like to participate in our Pentecost service at 10:00 AM on May 24 by praying or doing a reading in that language? If so, please contact the office.

On Wednesdays, join us for **Holy Communion** at 9:30 AM or **Evening Prayer** at 6:30 PM. For more information about Evening Prayer, please contact The Rev. Deacon Carol Tubman at [ctubman@shaw.ca](mailto:ctubman@shaw.ca) or call 403-630-9104.

The next session of **Holy Cross Book Club** is Thursday, May 21 at 7:00 PM when "The Missing Pages" by Alyson Richman will be discussed. All are welcome! For information, speak to Kathy M 587 227-5464, Wendy at 403-282-7700, or Glynis at 402-926-6583.

The **Quilters and Crafters group** meet on Mondays from 1:00 to 3:30 PM in the Nickle room. New members are very welcome, even for just a visit. The group will not meet on May 18.

**Sunday School** is held on the first and third Sunday of each month. For information, speak to Lisa at 403-399-2315.

#### **Next Week's Readings – May 24 – The Day of Pentecost**

Acts 2:1-21; Psalm 104:25-35, 37; 1 Corinthians 12:3b-13; John 20:19-23

#### **Assisting Today**

Mryka (Worship Assistant, Reader); David P (Sidesperson); Lynne Hubbard, Barbara (Altar Guild)