

The Anglican Parish of Holy Cross

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Happenings around Holy Cross ~ October 2019

From the Rector's Desk: The Rev. Kyle Norman

Every once in awhile people ask me a protocol-type question. These questions refer to so some of the subtle nuances of worship within our church, nuances that we may be so familiar with that we rarely even think about them. Let me take this issue of the newsletter to tackle some of the protocol-type questions I have received regarding our practice of Communion.

May my child take Communion? All baptised people are welcome to take Communion. This means that any child who has been baptised is welcome to receive, regardless of how young they may be. You can decide if you wish your child to take the bread and wine, or simply the bread alone. Similarly, some parents have decided to wait until their child is around four or five to receive their first Communion. The important matter to remember is that anyone who is baptised is able to receive Communion. Come and speak with me if you have any questions.

Do I have to take the wine? While we receive the Communion in two kinds (bread and wine), partaking in the Eucharist is one unified action. Christ's presence at the Eucharist is not 'split in half' between the bread and wine. There are several reasons why people today may choose to receive the Eucharist in one kind. This does not limit the effect of the sacrament, or your reception of Christ's presence. If you choose to abstain from having the wine, you are still engaging in the fullness of Communion.

May I dip the wafer into the wine? This is a tricky question. In a day where we are hyper-aware of germs and bacteria, drinking from the common cup seems old-fashioned, odd, and, frankly, unsanitary. While we will never turn anyone away from the altar rail, we must recognise that the official stance of the diocese is that Communion is not to occur by intinction, i.e. dipping the wafer. This is because it is actually more unsanitary to dip the wafer than to sip from the cup. If you are uncomfortable taking the wine from the common cup, remember, you can always sit in the front row of the church! More seriously, remember: taking Communion in one kind still constitutes the fullness of Communion. We want you to be comfortable in taking Communion, so if drinking from the common cup is unsettling to you, then you are not forced to do so.

Should I remove my lipstick? Should I not take Communion if I have a cold? There are no hard and fast rules here. We take part in the Eucharist, not as individuals, but as a community. This means that we want to be conscious of those who are around us. If we are coughing continually, sneezing, or blowing our noses, the people around us may begin to feel uncomfortable about taking Communion – specifically receiving from the common cup. While we know that it is safe, we want to be caring and respectful to others; and so if we have a cold or flu, you might decide to receive only the bread for that Sunday, or to receive Communion last so that others will not be unduly concerned. Alternatively, you can choose to not receive Communion for that week. As for lipstick, again, this is about care for others. People may feel put off by seeing a thick imprint of lipstick on the chalice just before they receive. Therefore, in care and love for each other, if you have lipstick on at a church, a good habit is to remove the lipstick prior to Communion. The passing-of-the-peace is a perfect time to do this.

I hope this clarifies a few things as to our Communion protocol. If you have questions about how we do things as a church, or about practices that seem confusing, please do not hesitate to ask. Larry, Carmen, and I secretly love it when people ask us these types of questions. So feel free to make our day, and ask away.

Lectio Divina: on Tuesday, October 8th at 6:30 PM in the St. Michael room. Lectio Divina, i.e. divine reading, is a practice deeply rooted in Christian history. In Lectio Divina, we sit with a Biblical text for the purpose of discerning the voice of Jesus as He speaks into our lives. For more information, please speak to Rev. Kyle.

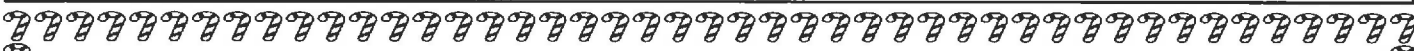
Nursery: the nursery is located upstairs next to the upper hall. Adult parishioners are welcome to volunteer in the nursery, from time to time, during the 10:00 AM service. A sign-up sheet is in the foyer. For further information, please contact Janice Bauer at 403-288-0345. **Sunday School:** please consider being involved as a teacher in Sunday school this year. For more information, speak to Shane Noble.

ACW: next meeting after the 10:00 AM service on October 6, 2019. All ladies are welcome to join us.

Going to the hospital? Please identify your religion as Anglican as this places your name on the Anglican list at Spiritual Care Services. Please let the church office know if you are in hospital. If you do not inform the office or the clergy, we will not know that either you or your loved one is in the hospital.

Please submit articles for the **November newsletter** by October 15, 2019.

Book Club: "Seeking Allah, Finding Jesus" by Nabeel Qureshi was the Book Club summer read which we discussed at our September meeting. It was an amazing start as we met for the first time after the summer break. Never have we had a book in which every member that was present at the meeting shared and felt the same way - same feelings, questions, and reflections about this book. The discussion was truly unique in one aspect- we all agreed with each other on every aspect that was brought up! This book is a true study of two faiths; Islam and Christianity. The author's testimony gives readers a basic insight into the Muslim faith and heritage, and a deeper understanding of Christianity from a new follower of Jesus. It made us aware of where their hostility comes from and surprised all of us with what the Quran says and doesn't say. This New York bestseller is the first of three books written by Nabeel Qureshi. We encourage all to read this "heart-wrenching...highly illuminating...sincere...[and] fascinating journey". Submitted by Glynis McClary.



Candy Cane Tea and Bazaar on November 23, 2019 from 10:00 AM to 2:00 PM

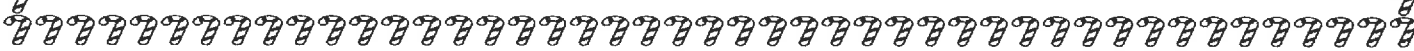
Please mark your calendar for Saturday, November 23, 2019 when we will once again deck the halls, welcoming neighbours and friends to the Candy Cane Tea and Bazaar. Besides marking the calendar, please have a little hunt for donations of gently used treasures and books which can now be dropped off at the church when you come to worship on Sundays and during office hours. Please sign up on the poster near the kitchen – elf opportunities abound.



The "Granny's Attic" treasures and book tables are the perfect destination for those rare and gently used household treasures: jewellery, china, tea cups, ornaments, crystal, and books.

Make sure your donations are clean. Yes, this is a good opportunity to recycle but we are sorry we are not able to accept certain items: clothing, hats, wigs, magazines, textbooks, encyclopaedias, furniture, baby items, computers, printers, TVs, CDs, DVDs, small appliances and electronics, sports equipment, Tupperware and plastic containers, and thermal travel type mugs.

Please call the church office (tel: 403-289-8497) to ensure someone is there before you come to drop off donations. We have a dedicated space to store and sort donations prior to the event. Volunteers are the key to this event! Conveners Margaret (tel: 403-289-1261) and Linda (tel: 403-286-6791) look forward to hearing from you and making sure you find a way to get involved with this parish FUN-draiser.



Curate's Corner: The Rev. Dr. Carmen Maier

Fall is well underway. But on the way to what? We are all busy, but it's not too late to make a couple of course adjustments to make sure we're headed where we really want to go. Where do you want your Fall to go?

I was speaking with a student at the Faith and Spirituality Centre at the University of Calgary. His belief was that every religion leads to the same thing. His ideas challenged me because he had thought through to what that one thing is. My question is, what is the uniqueness of Christianity? What did it actually mean when Jesus said, "I am the Way, the Truth, and the Life. No one comes to the Father except through me"?

This Fall, let's reflect on where we are headed. Does all of our busyness nurture a life on "The Jesus Way" (I am borrowing the title of Eugene Peterson's book which I highly recommend)? Does it make a difference that as Christians we are specifically following a divine Person? What are the things that make your Fall uniquely Christian as you follow the Way, the Truth, and the Life?

Church Finances – A Quick Update: Ken Lipsett, Treasurer

At the February 2019 AMP, a deficit budget of approximately \$25,000 was presented. This was based on our best estimate of pledges and expenses at that time. To the end of August 2019, we can report that we are ahead of budget. While our pledge revenues are pretty much in line with our estimates, we have saved money on our expenses. With the continued support of our congregation and prudent management of our resources, we hope we can report positive operating results at the end of the year. We do, however, have outstanding loan balances of approximately \$250,000 relating to the church renovation. We have ongoing monthly payments to service this debt. The Corporation is conscious of these obligations and are working toward reducing the loan balances this year with funds that are currently available. If you have any questions, please contact a warden or Ken Lipsett (Treasurer).

Check out our website: www.holycrosscalgary.org. We are also on Facebook and Twitter.

New Artwork in St. Michael's Room - Julie Johnston

"Declare" was painted from a photo I took of the sky over Blackfoot Crossing near Gleichen. The building overlooks Siksika land where Treaty 7 was signed and is a UNESCO World Heritage site. On my last visit, I worked to understand the significance of this special place. Mostly, I felt moved by the grandeur of the prairie sky and the connection to the land. As a Christian, I have always felt the presence of God most keenly when outdoors in direct contact with the natural world. My photo was of the sun streaming through clouds, almost blinding the camera. My painting approach was to focus on the feeling, rather than copying the exact image, and to open myself to whatever inspiration came. First, I smeared the canvas with grit and modelling paste for texture. Then I



splashed wild warm colors of acrylic ink all over the place, letting them run and mingle. When that ground was dry, I began to block in the sky and clouds with creams, pale blues and greys always letting a little of the bright hints of underpainting to sparkle through. The land was added as a visual anchor but loosely. I think the finished work comes close to expressing something of the wonder and awe I feel when faced with God's creation. "The heavens declare the glory of God." It's a painting about praise, I think, but now that it has been shared, you may find your own interpretation. I'd love to hear about how the image speaks to you!

October 2019

October 2019							November 2019						
Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
6	7	8	9	10	11	12	3	4	5	6	7	8	9
13	14	15	16	17	18	19	10	11	12	13	14	15	16
20	21	22	23	24	25	26	17	18	19	20	21	22	23
27	28	29	30	31			24	25	26	27	28	29	30

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Sep 29	30	Oct 1	2	3	4	5
8:00am Holy Eucharist 10:00am Holy Eucharist, Baptism 12:00pm ACW	9:30am Morning Prayer 1:30pm Craft & Quilt	9:30am Morning Prayer 7:00pm Tone Chimes 7:30pm GTAA	9:30am Holy Eucharist 7:00pm Altar Guild	9:30am Morning Prayer 7:00pm Choir Practice 7:30pm AA	9:30am Morning Prayer	
6	7	8	9	10	11	12
8:00am Holy Eucharist 10:00am Holy Eucharist, Baptism 12:00pm ACW	9:30am Morning Prayer 1:30pm Craft & Quilt	9:30am Morning Prayer 6:30pm Lectio Divina 7:00pm Tone Chimes 7:30pm GTAA	9:30am Holy Eucharist	9:30am Morning Prayer 7:00pm Choir Practice 7:30pm AA	9:30am Morning Prayer	
13	14	15	16	17	18	19
8:00am Holy Eucharist 10:00am Holy Eucharist	Thanksgiving 7:00pm Book Club	Newsletter deadline 9:30am Morning Prayer 7:00pm Tone Chimes 7:30pm GTAA	9:30am Holy Eucharist	9:30am Morning Prayer 7:00pm Choir Practice 7:30pm AA 7:30pm Scouts (library)	9:30am Morning Prayer	
20	21	22	23	24	25	26
8:00am Holy Eucharist 10:00am Holy Eucharist 12:00pm Theology	9:30am Morning Prayer 1:30pm Craft & Quilt 2:00pm H of Newport 6:30pm Craft & Stitch 7:00pm Book Study	9:30am Morning Prayer 10:15am Fanning Centre 7:00pm Tone Chimes 7:30pm GTAA	9:15am Statesman 9:30am Holy Eucharist	9:30am Morning Prayer 10:00am Boardwalk 7:00pm Choir Practice 7:30pm AA	9:30am Morning Prayer	
27	28	29	30	31	Nov 1	2
8:00am Holy Eucharist 10:00am Holy Eucharist	9:30am Morning Prayer 1:30pm Craft & Quilt 7:00pm Book Study	9:30am Morning Prayer 7:00pm Tone Chimes 7:30pm GTAA	9:30am Holy Eucharist	9:30am Morning Prayer 7:00pm Choir Practice 7:30pm AA		