

THE ANGLICAN PARISH OF HOLY CROSS

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HAPPENINGS AROUND THE CROSS

September 2018

NEWSLETTER: Please have all your articles in before the **15 of September** for the **October 2018** newsletter.

ADMINISTRATION

FROM THE RECTOR'S DESK:

Now that summer is ending, it is time to get back to the busyness of regular life. For me, this means that I need to gather my energy for the final phase of my Doctoral degree. This final phase is a research project based on my previous two years of study. There is a notice about this later in the newsletter (and the bulletin) – but I thought I would take a few moments here and describe the research project in a bit more detail. I am looking for 8-10 volunteers so please read the description and prayerfully consider helping me in this endeavor.

What is the study? The study is on how the discipline of Morning Prayer directly contributes to the formation of a communal spirituality.

Time Commitment: The study will run for 10 weeks beginning on October 1st and concluding on December 7th. It is expected that a participant will spend between 1-2 hours *per week* in the study. I have designed the study to be as low-key and unobtrusive as possible. Thus, the time commitment should be negligible.

So what would the participant do? The study has three main components to it.

Daily Activity: Participants are to say Morning Prayer out of the Book of Alternative Services *each weekday* morning. While there is not a set time one is to follow, it is important that this routine of prayer be established as one of the first matters of the day. *Morning Prayer is to be said at home.* The start of the study will include a training session to teach participants how to recite the Morning Prayer office. (This will include helpful hints like “Where do I put my bookmark?!”)

Weekly Activity: Each week, participants are to write a journal entry regarding his/her experience with Morning Prayer. Journal entries may be submitted via email, or be handwritten – whatever is your own comfort. A list of standard questions will be given to aid in your journal writing. It is expected that writing the weekly journal will take no more than 10 minutes.

Group Activity: There will be two group-gatherings throughout the study. The first group gathering will be mid-way through the study. This will be held on Sunday November 4th after the 10:00 service. A questionnaire will be provided, and a general conversation will ensue about experiences in Morning Prayer. An opportunity to ask questions will also be part of this gathering as well. This format will be repeated at the end of the study, occurring on December 9th.

How can I help? As I mentioned, I would very much like between 8-10 volunteers for the study. This number would be statistically significant, as it would represent roughly 10% of our Sunday congregation. This number would allow me to extrapolate the results of the study, in order to comment on the congregational or diocesan importance of Morning Prayer.

Please consider signing up for the study. Not only would it help me in my doctoral degree, but also I firmly believe that you will experience a transformative spiritual practice. Please do not hesitate to ask questions, or to speak to me if you would like more information.

CHECK OUT THE WEBSITE: Just go to www.holycrosscalgary.org and view the changes.

GOING TO THE HOSPITAL: Please identify your religion listing as “Anglican”, this places your name on the Anglican list @ Spiritual Care Services! **Please let the church office know you’re in hospital.** If you do not inform the office or the clergy we will not know that either you or your loved one is in the hospital.

STEWARDSHIP

AGENCY FOR SPECIAL OFFERING FOR July/August/September 2018: Habitat For Humanity: To donate to this monthly outreach offering please make your cheque payable to Holy Cross Church, and indicate **Habitat for Humanity** in the memo section. Your donation will be included in the Holy Cross tax receipt at the end of the current year. If you have any questions please do not hesitate to speak to a Warden or a Parish Council member.

LECTIO DIVINA: Learning to Listen: **Tuesday September 11 at 6:30pm** in the St. Cyprian Room. Lectio Divina (literally: Divine reading) is a practice deeply rooted in Christian history. In Lectio Divina, we sit with a biblical text, for the purpose of discerning the voice of Jesus as He speaks into our lives. For more information please speak to Reverend Kyle.

THE MORNING PRAYER PROJECT: Rev. Kyle has arrived at the final stage of his doctoral studies and he needs your help. He is looking for 8 – 10 people who would be willing to engage in daily Morning Prayer over the span of 10 weeks. Morning Prayer will be done in your own home, and does not normally take more than 10 minutes. If you are interested please contact Rev. Kyle at kyle.norman@holycrosscalgary.org.

FLOWER ARRANGERS: Our ministry has had a few members step down after many years of dedication to arrange flowers on Saturday morning for the Sunday Services. Is this a ministry that you may be interested in getting involved with? Please talk to Anne Gover.

REPURPOSING USED STAMPS : The Canadian Bible Society uses stamps collected from donations across Canada to create charity boxes that are sold to stamp collectors and vendors. The revenue generated from the stamps is used to purchase Bibles for Canadian prison ministry. Ten pounds of stamps equals approximately six Bibles for distribution. Here’s how you can help. Keep the stamp on the envelope. Cut out the stamp leaving a quarter-inch border around the entire stamp. Bring your stamps to church and place them in the collection box in the narthex. When the box is full, the stamps are given to the local Canadian Bible Society representative and abracadabra, (but not quite by magic) wonderfully, prisoners get Bibles. Questions? Please contact Donna Uncles 403-288-7636

ACW: ACW will start up **September 16, 2018 after Sunday Service** due to the welcome back BQ on the 9th. I hope everyone has enjoyed their summer. Please let me know if you have any names for speakers we could have for the following year. Also we are always looking for volunteers to help out with funerals so please consider putting your name forward.

We will have 2019 Calendars for Sale again this year.

For any questions or concerns please feel free to call me or email at holycrossacw@gmail.com

Looking forward to seeing you all in September. Your ACW President Lisa Boulet

CHOIR NEWS: Summer is quickly passing and soon it will be time to gear up for a busy Fall schedule, which all too soon finds us in Advent and Christmas. Our music makers will be working hard again to bring life and meaning to our services.

You may have noticed that both the Choir and Hand Bell Choir are shrinking (not because we have been on a diet). We have had to cut back on the amount and depth of selections we can do because of a lack of members. We would be thrilled to have anyone who could join us or encourage friends from outside our fellowship to give me a call. My cell number is 403 816 1801.

Choir begins rehearsal on Sept. 6th at 7:00 PM and Hand Bells on Sept. 11 at 7:00. Hope to see some new faces. Doug Spreeman

SUNDAY SCHOOL: We welcome all parishioners back after a hopefully relaxing holiday. We are looking forward to the beginning of Sunday School and working with the wonderful children of this parish. September the 9th is the first day for Sunday School classes at the 10 am service. It is also our welcome back Sunday and Bar-B-Q Sunday. For further information on Sunday School please speak with Shane Noble.



CANDY CANE TEA & BAZAAR

How is your summer going, besides really fast! And, yes, it's that time of the year. Time to get ready for one of our favourite parish events: the **2018 Candy Cane Tea and Bazaar, Saturday, November 24 from 10 - 2.**

What can I do?

1. **First of all: Mark your Calendar!** Invite your friends and family!
2. **Second: Volunteer!** Can you help out on the big day? Sort donations before-hand? Watch for the sign-up sheets beginning in September.
3. **Third: Donate!** Our guests look forward to a good variety of baking, crafts, knitting and sewing, children's activities, gently used books and treasures plus refreshments in the Glad Tidings Tea Room.

What can I donate? One-of-a-kind specially handcrafted items such as - crafts, Christmas tree ornaments, knitting, sewing, paintings, bookmarks, crochet, woodworking, quilting, etc. Parishioners are invited to fill the 4oz and 8oz Bernardin-type jelly/jam jars that are already donated and perched on the shelves in the narthex with some of your garden abundance: jams, jellies, and pickles. These will be part of the bake and deli table. Summer Cleaning? Downsizing?: The "Granny's Attic" treasures and books tables are the perfect destination for those rare and gently used household treasures: jewellery, china, tea cups, ornaments, crystal and books. Make sure your donations are clean. Please be mindful that this the Candy Cane Tea and Bazaar. It is not the Candy Cane Garage Sale. Yes, this is a good opportunity to recycle but we are sorry we are not able to accept certain items: clothing, hats, wigs, magazines, textbooks, encyclopaedias, furniture, baby items, computers, printers, TVs CDs, DVDs, small appliances and electronics, no sports equipment, no Tupperware and plastic containers, no thermal travel type mugs. Not sure? Check with our conveners.

When can I donate? Donations of crafts, gently used treasures and books can now be dropped off at the church when you come to worship on Sundays and during the weekly office hours. Please call the church before you come to drop off donations to make sure there is someone to unlock the door for you. 403-289-8497. We now have a dedicated space to store and sort donations prior to the event. Donations will be sorted in the coming weeks so you can help in this effort by bringing your donations soon.

Questions? Contact one of the conveners: Wendy, Margaret, Linda

